

Lessons in Chemistry by Bonnie Garmus

Chemist Elizabeth Zott is not your average woman. In fact, Elizabeth Zott would be the first to point out that there is no such thing.

But it's the early 1960s and her all-male team at Hastings Research Institute take a very unscientific view of equality. Forced to resign, she reluctantly signs on as the host of a cooking show, '*Supper at Six*'. But her revolutionary approach to cooking, fuelled by scientific and rational commentary, grabs the attention of a nation.

Soon, a legion of overlooked housewives find themselves daring to change the status quo. One molecule at a time.